

PARISH NEWS



BLESSED SACRAMENT PARISH, HEAVITREE, EXETER
29 September 2024. 26th Sunday in Ordinary Time. Year B2. Psalter 2



There is a peculiar type of pettiness that will not allow someone to do what others do (even if - or perhaps especially if - they are good at it) because they aren't part of the group, or club, or circle. Unless you wear the uniform, the badge or tie, you can't share in the work. When this is applied to doing good or following the Lord, it seems even more petty than ever: if someone does a good thing, does it matter that she or he is not a Catholic? The words of the Lord, "Anyone who is not against us is for us," should be taken to heart this Sunday. Let us recognise anyone who helps the poor, serves peace and justice, does what the Lord Jesus wants as our co-worker, whatever the 'label' they work under. *Diocese of Salford Office for Liturgy*

MASS TIMES

Sunday 29 September – 26th Sunday in Ordinary Time

World Day of Prayer for Migrants and Refugees

8.45am *Jenkinson Brothers*
10.45am *People of the Parish*
6.00pm *Margaret Leonard RIP*

Tuesday 1 October – St Therese of the Child Jesus, Virgin & Doctor

6.30pm *Private Intention*

Wednesday 2 October – The Holy Guardian Angels

9.30am *Margaret Leonard RIP*
Holy Rosary after Mass
Refreshments in St Richard Reynolds Centre

Thursday 3 October

9.30am
6.00pm Adoration of the Blessed Sacrament

Friday 4 October – St Francis of Assisi, Religious

6.30pm *John Blaskett RIP*

Saturday 5 October

9.30am *Shakira Mayanja*

Sunday 6 October – 27th Sunday in Ordinary Time

8.45am *People of the Parish*
10.45am
6.00pm *Marghita Ghajdoshova RIP*

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday. For children aged 3 – School Year 3. Please register as you arrive at church.

Do you feel called to help our young children hear the Word of God and grow to love it? The please speak to one of the catechists or Fr Jonathan.

Live stream Mass [Access the parish YouTube page at this link.](#)

Confessions Saturdays after 9.30am Mass or by appointment.

Mass intentions

If you would like a Mass to be offered for an intention, contact the Parish Office and we will find a suitable date. It is traditional to make an offering at the time. There are some small brown envelopes in the church porch to facilitate this.

NEWS & EVENTS



God Walks with His People

World Day of Prayer for Migrants and Refugees

The Church has been celebrating the World Day of Migrants and Refugees (WDMR) since 1914. It is always an occasion to express concern for different vulnerable people on the move; to pray for them as they face many challenges; and to increase awareness about the opportunities that migration offers.

Every year the WDMR is the last Sunday of September; in 2024 it will be celebrated on 29 September. As the title for his annual message, the Holy Father has chosen “God walks with His people”. In this message, the Holy Father reminds us that **all of us, God’s people, are migrants on this earth**, on our way to the “true homeland”, the Kingdom of Heaven. Migrants are a contemporary icon of this people on a journey, of the Church on a journey, and at the same time, it is in them and in all our vulnerable brothers and sisters that we can encounter the Lord who walks with us.



CAFOD Catholic Agency for
Overseas Development

Friday 4 October is the CAFOD Family Fast Day. This is a day when we can pray, give, and eat simply in solidarity with our global family.

Daniel, a young man in Democratic Republic of Congo, is carving a better future for his family with carpentry skills he learned in a CAFOD-funded training centre. Give to CAFOD and you’ll fund training, tools, equipment and safe spaces so more people like Daniel can learn new skills and fulfil their God-given potential.

Thank you for your support of previous fast days, and for your prayers and generosity for our sisters and brothers across the world. Use the envelope in church, the above QR code, or give online at [CAFOD's website](https://www.cafod.org).

We welcome Simon Giarchi, CAFOD’s Co-ordinator for the Diocese of Plymouth, at all Masses on **29 September** to speak on behalf of the charity.

WELCOME

Blessed Sacrament Catholic Parish is a welcoming, lively and inclusive faith community where all are known and loved, and inspired and encouraged to be disciples of Jesus Christ.

We are committed to uplifting worship, generous giving, serving those in need and the joyful proclamation of the Gospel.

BLESSED SACRAMENT
CATHOLIC PARISH

Parish Vision Team Update

Who we are: The team is made up of volunteers from the parish and the Parish Priest:

Angela Bosley (Chair), Fr Jonathan, Chris Jones, Sheila Hosker, Maria Quinn, Ola Godbeer, Angela Folland, Ann Wright, Nick Gill, Ellen Gill and Sreya Paul.

What we do: Keep alive the vision of the parish and encourage and support its implementation.

The team has met several times this year to discuss how we can bring our Parish Vision into Action.

We've been considering 5 main areas of parish life:

Worship, Evangelisation, Community, Ministry and Discipleship.

These have been identified as being particularly relevant for parish renewal, moving from a community principally concerned with Maintenance to one which is focused on Mission.

The team met on Wednesday evening and

discussed priorities for the future. Three things emerged: House groups, The Society of St Vincent de Paul (SVP) and Parish Website & Welcome pack/booklet.

House Groups Living as a faithful Catholic Christian in today's world is increasingly challenging. We all need support to grow in faith and to be more confident disciples of the Lord. Praying with others, sharing our faith and supporting each other when we face challenges are all important. We already have several small groups of parishioners, and others, who meet regularly to do just this. We would like to offer more opportunities for others to meet and we will be looking at ways in which this could become a reality.

The SVP We already have an SVP group within the parish. A small group of dedicated parishioners support those in our community, and beyond, who need help and friendship. The membership of the group is getting older and needs to be bolstered by new faces. In other parishes there are also Youth SVP groups. We would like to promote the work of the SVP, get others involved and consider inviting our young people to offer themselves for this ministry.

Website and Welcome We have a [fantastic parish website](#). It's informative, friendly and welcoming, but it's a challenge to keep it up to date and relevant. It's often how people are introduced to the community, so we want it to reflect who we are and what we do. We would also like to create a welcome/information pack which lets people know what's going on in the parish and how they can get involved.

Please keep all these things in your prayers. We'll keep you up to date with developments and we're always really pleased to hear your ideas.

Blessed Sacrament Music Collective

The next Collective 'jams' are on: **Saturday 5 October 10.30am – 1.30pm** in the St Richard Reynolds Centre, **Saturday 23 November 10.30am – 1.30pm** in the church. We would love to hear from anyone who would like to play with us, whether you attend at 8.45am, 10.45am, 6.00pm, or a mixture.

To find out more email angelajfolland@gmail.com or angela.bosley@btinternet.com

RCIA: Rite of Christian Initiation of Adults

These sessions are aimed at those wanting to learn more about the Catholic faith or desiring to receive Baptism or Confirmation in the Catholic Church. If you would like to discover more, join our RCIA course in the Lower Room at Sacred Heart.

If you are interested, please send your details to Coral at exeter-sacredheart@prcdtr.org.uk

The Bereavement Journey

12 October 2024 10.00am

A series of films and discussions that gently guide people, bereaved at any time, through the most common aspects of grief and bereavement, enabling them to process the implications for themselves and discern next steps. If you have been bereaved and feel you may not have come to terms with your loss, we hope you will join us on The Bereavement Journey in the St Richard Reynolds Centre.

We offer 15 films over 7 weeks. Guests are placed in groups of 6–8 for discussion following the films and volunteers guide them in exploring their loss, aided by a guest manual (for a suggested donation of £15). Anyone over 18 years is welcome.

For more information visit www.thebereavementjourney.org. Places need to be booked in advance so if you would like to register contact the Parish Office on 01392 274724 or email exeter-heavitree@prcdtr.org.uk. See the poster in the porch.

Catholic Children's Society

Trustees of the Catholic Children's Society

We are looking for new trustees to supplement our existing team and are particularly interested in people with professional skills in areas such as HR, business/finance and social care. This is a voluntary position, rewarding and challenging.

We are also looking for **youth trustees** to bring the views of young people to our work. Maybe you are at university or have just completed your studies and think you would enjoy making a difference to some of the most deprived families in our Diocese? This volunteering role offers good business experience, an ability to find out how a small charity works, knowledge of safeguarding, as well valuable experience working as part of a diverse team. You will need to be aged 18+.

If you are interested in having a chat with one of the team, please call **01803 645420** or email ccs@ccsplymouth.org.uk. Our next Board meeting is on **Monday, 21 October 2024 starting at 10.30am at St Boniface House in Ashburton** and you would be more than welcome to pop along to observe.



Prisoners Sunday 13 October 2024 Jesus said: “I was in Prison, and you came to me.”

PACT – the Prison Advice and Care Trust - is a national charity that supports prisoners, people with convictions, and their children and families. They

provide caring and life changing services at every stage of the criminal justice process: in court, in prison, on release, and in the community.

Their vision is of a society that understands justice as a process of restoration and healing, that uses prisons sparingly and as places of learning and rehabilitation, and that values the innate dignity and worth of every human being. They work for the common good of Society, taking a public health-based approach and work at the intersection of criminal justice, child and family welfare, mental health, wellbeing provision and health and social care. They are a diverse, inclusive, modern, and collaborative charity.

There will be talks at all Masses at Blessed Sacrament on **Sunday 13 October 2024** and a retiring collection taken that day or [follow this link to make a donation](#); or use the QR code on the leaflet in the church porch. Gift aid envelopes are also available in the church porch.

To learn more about volunteering in HMP Exeter [click in this link](#).

The Prisons Week Prayer

Lord Jesus Christ, You have come so that we may have life to the full,
Listen to our prayers for all in prison and their families. Touched by your spirit,
May they find newness of heart and be open to that new life that is found only in you.
May they know care and receive support from those around them.
May they find new purpose in serving you in their brothers and sisters. Amen

Dei Verbum – The Word of God

“How can we know anything about God with certainty? Why should we trust what the Church tells us about God? How do we make sense of the Bible?” In preparing for the Jubilee year 2025, Pope Francis has asked us to explore the key documents of Vatican II and one of those documents is Dei Verbum. Come and join us with Sister Hyacinthe, who as a Dominican, will guide us through the text and inspire us with a love of God’s Word. The day will take place at Schiller Hall, Buckfast Abbey on **Saturday 19 October** 10.00am (tea/coffee) 10.30–3.00pm. Mass at 12noon.

To reserve a place contact: deborah.vankroonenburg@prcdtr.org.uk or [click here](#).

Parachute Jump

You have very generously given over £3225 in response to Deacon Brian and Deacon Kelvin’s parachute jump in aid of Kenyan Educational Sponsorship. Many thanks to all that gave generously. *Deacon Brian and Deacon Kelvin.*

The Safeguarding Office - Support for victims of abuse

The Diocesan Safeguarding Office provides advice and support to all victims of abuse, regardless of whether this is something that is happening currently or that happened in the past. We work with anyone who has been abused, both those who were abused within the church, as well as those who have been abused in other settings. We are here to help you whether you were a child or adult when the abuse took place. We are not here to blame, judge or make excuses for the abuser, we are here to help all those who have experienced abuse or are still in an abusive situation, in any way we can.

The Safeguarding Office can provide you with support, advice, and signposting to relevant organisations. Our dedicated team of safeguarding professionals work closely with other agencies both locally and nationally including the Police, Probation, Social Services, and to standards that are set out by the Catholic Safeguarding Standards Agency.

Please contact us for a confidential conversation. Call us on 01364 645430 (Monday to Friday from 9.00am – 4.30pm) or e-mail safeguarding@prcdtr.org.uk

University of Exeter Catholic Chaplaincy

If you are going to be studying at the University of Exeter this year, we would like to invite you to come to our Catholic Chaplaincy, located at Boniface House, Glenthorne road, between Moberly and Birks Grange Village halls of residence. You can find more details and directions here: [by following this link](#).

We have a very lively and faith-filled community. Exeter Catholic Society meets weekly at the Catholic Chaplaincy for a range of activities throughout the year, from various socials to talks and society trips, in a friendly environment where students can grow in faith while having fun and making new friends. Masses at our Catholic Chaplaincy are celebrated during term time on Sundays at 11:30 a.m. (followed by a free lunch), Tuesdays at 12 p.m. (followed by a free lunch) and Thursdays at 5 p.m.

For further information on Exeter CathSoc and the events at the Chaplaincy, please go to our [Facebook page](#) or get in touch with the Chaplaincy Assistant, Dr Maria Giannone, at: m.g.giannone@exeter.ac.uk. We look forward to meeting you!

St Nicholas School

If you would like to find out more about joining our school from Nursery to Yr 6, please contact admissions@stnics.uk.

We are also holding open days in November for prospective **September 2025** Reception entry. These are on the **12th and 13th at 9.30 and the 14th at 6pm**. Please contact admissions@stnics.uk for a booking form.

Vacancies in the Diocese of Plymouth

There are two vacancies for Apprentices in Plymouth Diocese: one for Business Management and one for Finance and Accounting. Please see the adverts in the church porch. The closing date for both vacancies is Monday 30 September.



Synod 2021-2024

You are invited to a Synodal Day
Buckfast Conference Centre
Saturday October 26th 2024
10.00am - 3.15pm

A day exploring 'Conversations in the Spirit' which is one of the fruits to have emerged out of the current synodal journey. The day will be facilitated by Sarah Adams who is Director of Adult Education and Evangelisation for Clifton Diocese.

Sarah has been involved in the synodal journey at both diocesan and national levels and will take us through both the methodology and practise of Conversations in the Spirit and how we might apply it in a variety of settings.

For more information, email Fr Paul Keys at: synod@prcdtr.org

To attend this free event, click on the button below before 30th September (even if you have already replied so we can note access/dietary requirements)

[Register to attend Synodal Day](#)

Exeter Foodbank Harvest Collection

Please help by donating an item or two from the list to support local people in crisis. Exeter Foodbank relies on the goodwill and support of local people. Any financial donations cover the cost of storing and distributing food as well as delivering additional support and advice.

Priority items: **tinned meat, vegetarian meals, custard, noodle/pasta snacks, biscuits, household cleaning items.**

There is a basket in the back of the church. Email the foodbank [here](#) for more information. Also please see the poster in the church porch.

Diocese of Plymouth Newsletter

The current newsletter can be [accessed at this link.](#)

Caritas Diocese of Plymouth

To subscribe to the Caritas newsletter click [here.](#)

Catholic Bishops' Conference

The latest news from the Catholic Bishops' Conference can be accessed [here](#)

Catholic South West

Catholic South West is a monthly newspaper for Catholics in the Plymouth, Clifton and Portsmouth Dioceses. Copies are in the porch. Please put your money in the wall box marked "newspapers" (50p)

Franciscan at Home Autumn workshops

These will take place on Mondays, Wednesdays and Thursdays this term.
More information, dates, times and links to all sessions available on request.

Unlocking the Rich Treasure of the Catechism

Mondays at 7.30 starting on 9 September. 8 sessions.

This is one of a 4-part series on the Catechism of the Catholic Church

Conversion in Modern Culture

Mondays at 7.30 starting on 11 November. 5 sessions.

Catholic Social Teaching

Wednesdays at 7.00pm starting on 11 September. 7 sessions.

Hearing God's Voice Through the Scriptures

Wednesdays at 7.00pm starting on 6 November. 6 sessions.

For online and live workshops in Truro and Sclerder on Wednesdays and Thursdays,
please contact: Truro: pmcgovern1952@gmail.com. Sclerder: saltash@prcdtr.org.uk

Deborah van Kroonenburg *Franciscan at Home Diocesan Coordinator*

Individually Guided Advent Retreats

Ignatian silent and individually guided retreats are available locally in the Diocese of Plymouth for Advent 2024. For those who would like to step back from everyday life for a little while, to review their journey in faith and make a little extra space and time for God.

6–8 December (Friday – Sunday) Weekend Retreat £160

6–10 December (Friday – Tuesday) Extended Weekend Retreat £280

9–13 December (Monday – Friday) Midweek Retreat £275

6–13 December (Friday - Friday) 6-day retreat£475)

Venue: St Rita's Centre Honiton, East Devon, a well-appointed retreat house with comfortable ensuite accommodation situated in the Vale of Honiton.

Cost includes full board & lodging. Help is available for those who would like to go on retreat but have difficulties with the recommended donations.

Dates for similar 2025 Lent retreats of varying lengths: Friday March 7th - 14th 2025

For further details and bookings contact Plymouth Diocesan Ignatian Spirituality

Group at diocesan-ignatian-retreats@prcdtr.org.uk

or phone 01752 769164 or 07823 447637. Please also see the poster in the porch.

GROWING IN FAITH TOGETHER

GIFT tots

Our next session will be on **Friday 11 October** in the St Richard Reynolds Centre. If you and your little one(s) would like to join us please register using this link: [GIFT Tots Registration Form](#)

GIFT families and youth

GIFT is for primary and secondary aged families and supports them to live and grow as Catholics. It enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation.

Register for GIFT and GIFT Youth at the links below:

[GIFT Registration Form](#)

[GIFT Youth Registration Form](#)

GIFT youth socials

We ask that parents of any young person wishing to come to GIFT Youth socials have registered them before they attend. Please use the link above. This helps ensure everyone's safety. If you've signed up for GIFT Youth, details of the next session will be sent to you.

Baptism Preparation Course

Are you expecting a baby and/or wish to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into the community of the Church. Courses are over two consecutive Saturday mornings from 10.15-12.15 delivered via Zoom.

Forthcoming dates: **12 & 19 October 2024**. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link at the end of this article to register. If you have any problems accessing this, contact Catherine in the parish office at exeter-heavitree@prcdtr.org.uk or 01392 274724. We are taking bookings for the October 2024 course. [Baptism Enquiry form](#)

Wednesday Word Scripture Reflection

Prayerfully Preparing for the Proclamation of Sunday's Gospel

Wednesdays 2.00 – 3.00pm via zoom. We meet to pray, read, meditate and reflect on the upcoming Sunday's Gospel. We are a friendly and inclusive group from different walks of life, and we'd be delighted if you joined us. A weekly commitment is not necessary. Contact Maria exeter-pastoral-assistant@prcdtr.org.uk if you would like to join or have further questions about how the session runs.

Forming in Faith

Bishop Robert Barron reminds us that the better we understand Jesus, the better we understand ourselves. As we journey through the Word on Fire series 'Priest, Prophet King', come discover Jesus as the Anointed One, the ultimate priest, prophet and king foreshadowed throughout Scripture. All are welcome to our next fortnightly meeting on **Monday 7th October from 10:30-12:00** in the Sacred Heart Lower Room.

Going into hospital?

If you, or someone you know is going into hospital for any length of time and would like the Chaplaincy team to know, please let the parish office know.

Getting Married?

Congratulations. If you are hoping to marry at Blessed Sacrament Church or any other place, including abroad, we require at least six months' notice. Please contact the parish office to arrange an appointment to meet with the parish priest.

PRAYER & LITURGY

Pope's September Prayer Intention

...is for the cry of the Earth, which "has a fever and is sick, just like anyone who's sick." As part of the Season of Creation, the annual period of time in which the Church traditionally mobilises itself to reflect on the care of our common home, it is a powerful call to "deal with the environmental crisis caused by humans."

[The Pope Video](#)

Worship Thursday

Adoration of the Blessed Sacrament in church each Thursday 6.00–7.00pm.
Come and spend time with the Lord, opening your heart to all he has for you.

Holy Rosary is prayed after Mass every first and third Wednesday. You would be most welcome to join us.

THE WORD

Sunday 29 September – 26th Sunday in Ordinary Time

First Reading: Numbers 11: 25-29.

Are you jealous on my account? If only the whole people of the Lord were prophets!

Psalm Response: The precepts of the Lord gladden the heart.

Second Reading: James 5: 1-6

Your wealth is all rotting.

Gospel: Mark 9: 38-43. 45. 47-48

Anyone who is not against us is for us. If your hand should cause you to sin, cut it off.

Sunday 6 October – 27th Sunday in Ordinary Time

First Reading: Genesis 2:18 -24

They become one body.

Psalm Response: May the Lord bless us all the days of our life.

Second Reading: Hebrews 2:19-11

The one who sanctifies, and the ones who are sanctified, are of the same stock.

Gospel: Mark 10: 12-16

What God has united, man must not divide.

CONTACT US

Blessed Sacrament Parish

29 Fore Street, Heavitree, Exeter EX1 2QJ
01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Parish Secretary *Catherine Odams*

Pastoral Assistant *Maria Quinn* exeter-pastoral-assistant@prcdtr.org.uk

Parish Office *Open Tuesday, Wednesday, Thursday, Friday 10.00am–4.00pm*

Gift Aid enquiries: exeter-heavitree@prcdtr.org.uk

Parish website blessedsacrament.org.uk

Parish Facebook [Facebook Catholic Exeter](https://www.facebook.com/CatholicExeter)

Safeguarding

If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: exeter-heavitree@prcdtr.org.uk

Parish Safeguarding Representatives

Lesley Hooper 07712 216724

Maria Edwards 07870 696530

St Nicholas School

St Nicholas Catholic Primary School, Ringswell Avenue, Exeter EX1 3EG

01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Head Teacher *Mr D Railston*

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)