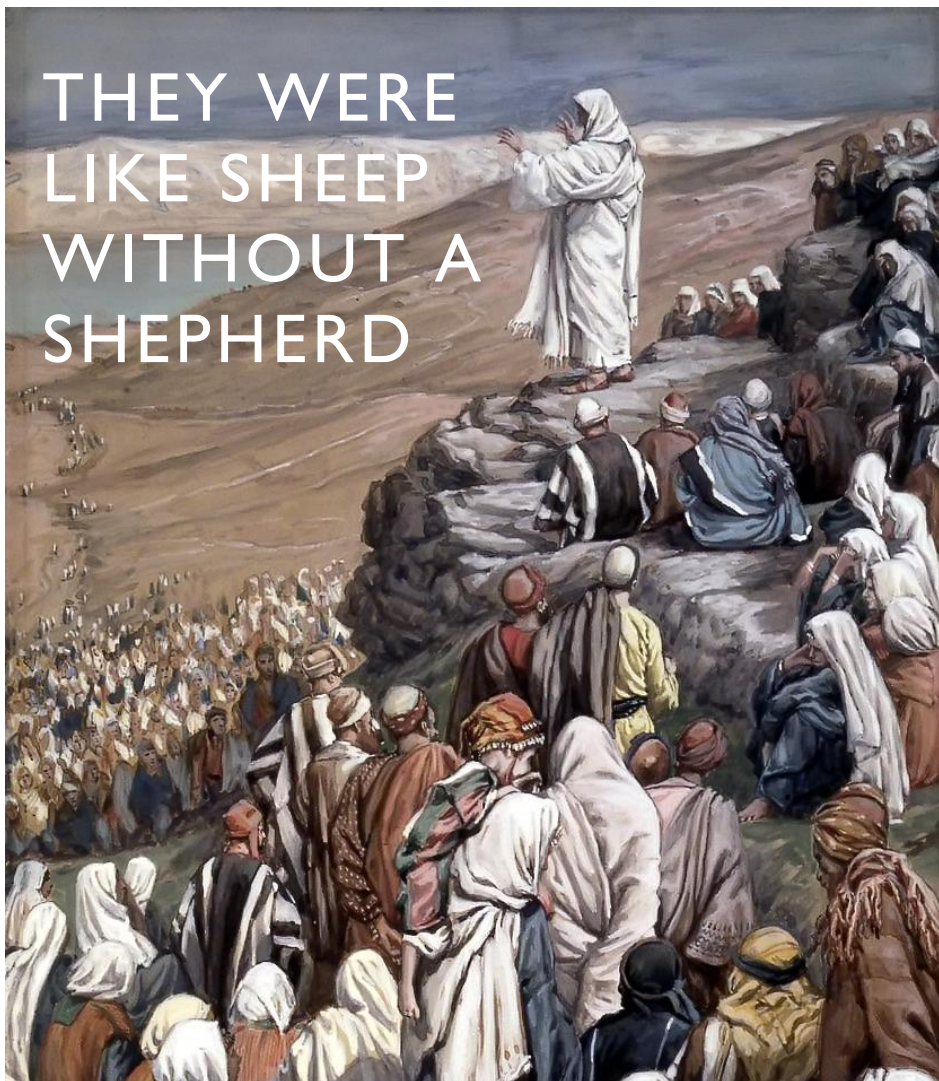


PARISH NEWS



BLESSED SACRAMENT PARISH, HEAVITREE, EXETER
21 July 2024. *Sixteenth Sunday in Ordinary Time. Year B2. Psalter 4*

THEY WERE
LIKE SHEEP
WITHOUT A
SHEPHERD



MASS TIMES

Sunday 21 July – Sixteenth Sunday in Ordinary Time

- 8.45am *Eileen Mary Cullen RIP*
10.45am *Patricia Mary Evans RIP*
Followed by refreshments in St Richard Reynolds Centre
2.00pm Syro Malabar Mass
6.00pm *People of the Parish*

Tuesday 23 July – St Bridget of Sweden, Religious, Patron of Europe

- 12.00pm Catholic Women's League Centenary Mass
6.30pm **No Mass**

Wednesday 24 July

- 9.30am *Memory of Dick and Barbara Henwood RIP*
Refreshments in St Richard Reynolds Centre

Thursday 25 July – St James, Apostle

- 9.30am *Kath Franklin RIP*
6.00pm Adoration of the Blessed Sacrament

Friday 26 July – SS Joachim and Anne, parents of the Blessed Virgin Mary

- 6.30pm *Private Intention*

Saturday 27 July

- 9.30am *Private Intention*

Sunday 28 July – Seventeenth Sunday in Ordinary Time

- 8.45am *Marjorie Elizabeth Gifford Pitman RIP*
10.45am *People of the Parish*
6.00pm *Private Intention*

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass [Access the parish YouTube page at this link.](#)

Confessions Saturdays after 9.30am Mass.

NEWS & EVENTS

Forget-me-not Bereavement Café

We invite anyone who has suffered a bereavement of any kind, at any time, to come along to our **Forget-me-not Bereavement Café** for a cup of coffee/tea, cake and a chat. The café is held once a month on a Saturday morning (fourth Saturday of the month) at 10.30am in the St Richard Reynolds Centre. Come along, and maybe bring a friend with you who you think would also benefit from making contact with others in a friendly relaxed café. There is no need to book just come along on **Saturday 27 July**. We look forward to seeing you.

“A Murderous Midsummer”

Event to mark the Prayer Book Rebellion

You are invited to join an event to mark the 475th anniversary of the Battle of Fenny Bridges and the Prayer Book Rebellion that will be held on **Saturday July 27** in Feniton Parish Church and Village Hall.

The event will include refreshments and a talk, “The Reformation”: A TV film about the Battle of Fenny Bridges made with local cast members, also a weapons demonstration, a lecture about the Prayer Book Rebellion by Professor Mark Stoyle and the unveiling of a new interpretation board.

Phone 07955 084661 for more information. Please also see the poster in the porch.

World Day Against Trafficking in Persons – 30 July

30 July is the annual World Day Against Trafficking in Persons, which raises awareness and increases prevention of people trafficking and modern day slavery. The theme this year is, ‘Leave no child behind in the fight against human trafficking’. One in three victims of trafficking are children, with girls being disproportionately affected. Children are also twice as likely to be subjected to violence during trafficking than adults. Children will experience various forms of trafficking including forced labour, criminality or begging, online and sexual abuse and exploitation, and being trafficked for illegal adoption.

There are posters in the parish to raise awareness of the signs of modern slavery. If you would like support, or you are concerned about someone else, please contact: [The Safeguarding Office](#) – Please call us on 01364 645430 between Monday to Friday, from 9.00am to 4.30pm.

UNSEEN– A UK charity that provides safe houses and support in the community for survivors of trafficking and modern slavery. [UNSEEN website](#)

24/7 Modern Slavery and Exploitation Helpline: 08000 121 700

St Richard Reynolds Centre Garden

The garden is in need of some TLC (and some radical weeding!) Anybody who would like to come and help tidy the garden on **Saturday 17 August between 10.00am**

and 12.00pm, please just turn up, or contact Sheila on sheilahosker@outlook.com beforehand. Thank you.

Eucharistic Congress 2024

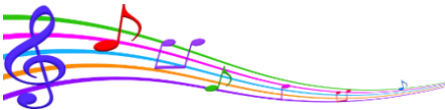
Saturday 14 Sept: Oscott, Birmingham

A coach will leave our diocese to take pilgrims from across our five deaneries to this faith-affirming national event. It will include talks, the celebration of Mass and a procession. Please phone 01202 746539 or email christopher.findlay@prcdtr.org.uk ASAP if you would like to join us.

Youth Rally 2024, Saturday 28 September

Please join us at St Rita's in Honiton for the annual Youth Rally on Saturday 28 September 2024. As usual there will be many activities for all to join in, including an obstacle course, penalty shoot-out and various inflatable activities. Young people from 6–16 are welcome to form teams of six to compete against others. Don't worry if you can't form a group of six, you can be combined with another parish. For booking and further questions please contact, Saskia: youth@prcdtr.org.uk

Blessed Sacrament Music Collective



The next Collective 'jams' are: **Saturday 5 October - 10.30am - 1.30pm** in the Richard Reynolds Centre, **Saturday 23 November - 10.30am - 1.30pm** in the

church. We would love to hear from anyone who would like to play with us, whether you attend at the 8.45am, 10.45am, 6.00pm, or a mixture. We need your gifts and talents to help our parish lift their hearts and voices in praise and worship. If you are interested in finding out more or coming to one of the 'jams', please email angelajfolland@gmail.com or angela.bosley@btinternet.com

Caritas Diocese of Plymouth July Newsletter

Please click the link to read this month's newsletter about upcoming events and news of love in action around the diocese [here](#) or visit [this link](#)

Catholic Children's Society (Plymouth)

The latest "Children First" **newsletter** can be found in the church porch.

Recycle your ink cartridges and help support CCSP. Please pop your used ink cartridges in the box situated in the Baptistry at Blessed Sacrament. Unfortunately, we are unable to accept toner/laser cartridges. Thank you.

Orange Box. De-clutter and help the children in our Diocese. There is an orange box in the St. Richard Reynolds Centre where items can be placed, and every box filled will raise much needed funds for the CCSP.

Items that can be collected in the boxes include coins and banknotes, precious metals, medals and badges, costume jewellery, metals, watches, keys and locks, small antiques and collectibles.

Diocese of Plymouth Newsletter

The current newsletter can be accessed [here](#). Black and white version [here](#).

Catholic Bishops' Conference

The latest news from the Catholic Bishops' conference can be accessed [here](#).

School Transport grants for the academic year 2024-25

The Diocese of Plymouth is now taking applications from parents/guardians wishing to apply for grants for transport to a Catholic or Catholic/CofE school situated in the Diocese of Plymouth. Applications for the academic year 2024-5 must be submitted in writing and be signed by the Parish Priest. Families will be notified at the start of the Autumn term if their application has been successful.

There are limited funds and not all applications may be successful.

You can obtain an application form from the parish office.

St Nicholas School News

We are looking forward to the end of term next week but it is bittersweet as many leaver's events are happening. This week the Yr 6 children performed 'Shakespeare Rocks' to parents and the whole school. They sang and acted brilliantly!

They also took part in their traditional Leavers' Mass - always an emotional occasion. They all spoke about special memories they had of being at St Nicholas and signed their names on class cakes which were shared afterwards. Fr Jonathan joined us to celebrate Mass.

We look forward to welcoming many new families to St Nicholas in September. To find out more about joining our school please contact admissions@stnics.uk

Plymouth CAST- We need you!

Plymouth CAST is a Catholic multi-academy trust of 34 schools and one nursery, spanning the Diocese of Plymouth. Our mission is to be a community of outstanding schools in which our pupils flourish in safe, happy, and stimulating environments and leave us with the knowledge and skills, personal qualities, and aspirations, to make the world a better place, inspired by the Gospel.

Plymouth CAST is currently recruiting to expand its Board of Directors. We are particularly interested in hearing from you if you have skills and experience in Finance, HR, and/or Education. Please contact the Clerk to the Trust Board for further information, Mrs Leah Paiano lpaiano@plymouthcast.org.uk

Laudato Sí – Exeter

The Diocese is reminding us of Pope Francis's Letters, 'Laudato Si' and more recently 'Laudate Deum'. The Holy Father uses words from the great Canticle of St Francis of Assisi to ask us to consider our care for the Earth and its diversity of life, and for people threatened by the very serious environmental problems we face together.

We propose to reflect on the Pope's teaching documents and what they might mean for our lives and wider social responsibilities, drawing on the strengths of all three

Parishes. If this interests you, can you please share your name and contact details with Coral Mortier, Parish Secretary at South Street (Phone, email). Your support will help us organise a combined Laudato Si' meeting for Exeter. Watch this space for more details.

Bible Alive

There are 3 free copies of the latest editions of this publication in the church porch. Please help yourself. If you would like to make a contribution, please put your money in the wall box marked 'books'.

Christians Together in Exeter – Volunteering Opportunities

Have you ever felt called to volunteer with prisoners and their families? If so, please follow this link to learn more: [Prison Advice and Care Trust Volunteering](#)
To find out more about Southwest Community Chaplaincy [click here](#).

Exeter Foodbank Summer Campaign

The demand for Emergency food has increased by 36% since last year, and we have noticed a decline in donations. Our store is struggling to keep up with demand and so we are asking local schools, churches and community groups to take part in a food collection for Exeter Foodbank in July.

The 3 items we are asking for this year, as we are particularly low, are **tinned meat, fish and vegetables**.

Collection basket at the back of the church. [Exeter Foodbank Newsletter](#)

GROWING IN FAITH TOGETHER

GIFT tots

GIFT tots will not meet throughout June, July and August. Our next session will be on **Friday 13 September** in the St Richard Reynolds Centre. If you and your little one(s) would like to join us please register using the link below.

[GIFT Tots Registration Form](#)

GIFT families and youth

GIFT is for primary and secondary aged families and supports them to live and grow as Catholics. It enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation.

Register for GIFT and GIFT Youth:

[GIFT Registration Form](#). [GIFT Youth Registration Form](#)

GIFT youth socials

We ask that parents of any young person wishing to come to GIFT Youth socials have registered them before they attend. Please use the link above. This helps ensure everyone's safety. If you've signed up for GIFT Youth, details of the next session will be sent to you.

Wednesday Word Scripture Reflection

Prayerfully Preparing for the Proclamation of Sunday's Gospel

Wednesdays 2.00 – 3.00pm via zoom. We meet to pray, read, meditate and reflect on the upcoming Sunday's Gospel. We are a friendly and inclusive group from different walks of life, and we'd be delighted if you joined us. A weekly commitment is not necessary. Contact Maria exeter-pastoral-assistant@prcdtr.org.uk if you would like to join or have further questions about how the session runs.

The Call to Conversion

Explore how ordinary people in the Bible, just like you, were met by Jesus where they were and called to a better life through Him. The common theme in each story is the turning of all one's attention and energy towards an ever deeper, personal relationship with Jesus Christ. Join us every fortnight on Monday morning after the 10.00am Mass until 12.15pm in the Lower Room at Sacred Heart. The next meeting will be after a summer break on **9 September**.

Going into hospital?

If you, or someone you know is going into hospital for any length of time and would like the Chaplaincy team to know, please let the parish office know.

Getting Married?

Congratulations. If you are hoping to marry at Blessed Sacrament Church or any other place, including abroad, we require at least six months' notice. Please contact the parish office to arrange an appointment to meet with the parish priest.

Baptism Preparation Course

Are you expecting a baby and/or wish to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into the community of the Church. Courses are over two consecutive Saturday mornings from 10.15-12.15 delivered via Zoom.

Forthcoming dates: **12 & 19 October 2024**. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link at the end of this article to register. If you have any problems accessing this, contact Catherine in the parish office on 01392 274724 or exeter-heavitree@prcdtr.org.uk. We are now taking bookings for the October 2024 course. [Baptism Enquiry form](#)

GROWING IN FAITH TOGETHER

Pope's July Prayer Intention [The Pope Video](#)

With this month's prayer intention, Pope Francis invites us to pray for the pastoral care for the sick.

Pope Francis lifts up his prayer that the sacrament of the Anointing of the Sick might become more and more a “visible sign of compassion and hope.”

In his video message the **Pope** insists that Anointing of the Sick “is not a sacrament only for those who are at the point of death,” but states that it “is one of the ‘sacraments of healing,’ of ‘restoration,’ that heals the spirit.”

We commend to the Lord...

...Theresa Smith and Kath Franklin. Kath was a member of staff at St Nicholas School for many years. She was also an active member of Topsham parish and produced the parish newsletter. She will be known to many of you. Please keep them both in your prayers as we ask God to gather them into paradise and grant them eternal rest.

Worship Thursday

Adoration of the Blessed Sacrament in church each Thursday 6.00–7.00pm.

Holy Rosary is prayed after Mass every first and third Wednesday. You would be most welcome to join us.

THE WORD

Sunday 21 July – Sixteenth Sunday in Ordinary Time.

First Reading: Jeremiah 23: 1-6

The remnant of my flock I will gather and I will raise up shepherds to look after them.

Psalm Response: The Lord is my shepherd there is nothing I shall want

Second Reading: Ephesians 2:13-18 12: 7-10

Christ Jesus is the peace between us, and has made the two into one.

Gospel: Mark 6: 30-34

They were like sheep without a shepherd.

Sunday 28 July – Seventeenth Sunday in Ordinary Time

First Reading: Kings 4: 42-44

They will eat and have some left over.

Psalm Response: You open wide your hand, O Lord, and grant our desires.

Second Reading: Ephesians 4: 1- 6

One Body, one Lord, one faith, one baptism.

Gospel: John 6: 1-15

Jesus gave out as much as was wanted to all who were sitting ready.

CONTACT US

Blessed Sacrament Parish

29 Fore Street, Heavitree, Exeter EX1 2QJ
01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Parish Secretary *Catherine Odams*

Pastoral Assistant *Maria Quinn* exeter-pastoral-assistant@prcdtr.org.uk

Parish Office *Open Tuesday, Wednesday, Thursday 10.00am–4.00pm*

Gift Aid enquiries: exeter-heavitree@prcdtr.org.uk

Parish website blessedsacrament.org.uk

Parish Facebook [Facebook Catholic Exeter](https://www.facebook.com/CatholicExeter)

Safeguarding

If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: exeter-heavitree@prcdtr.org.uk

Parish Safeguarding Representatives

Lesley Hooper 07712 216724

Maria Edwards 07870 696530

St Nicholas School

St Nicholas Catholic Primary School, Ringswell Avenue, Exeter EX1 3EG
01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher *Cathy Blatchford*

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)